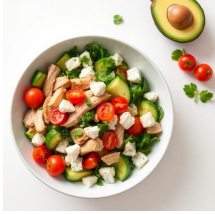


FOREST KITCHEN

Fresh. Simple. Real Food.

SALADS



1. Chicken & Avo Salad

R 120

Crisp cucumber, cherry tomatoes, creamy avocado, tender chicken, feta, peppadew & parsley tossed in lemon-olive oil dressing.



2. Forest Avo & Feta Salad

R 109

Cucumber, cherry tomatoes, avocado, feta, peppadew & parsley with honey-lemon dressing.

PASTA



3. Creamy Chicken Pasta

R 130

Pan-seared chicken, mushrooms, garlic & parsley in a Dijon cream sauce over pasta, finished with parmesan.



4. Classic Bolognese Pasta

R 150

Slow-simmered beef mince with onion, carrot & celery in pizza sauce, served over pasta with parmesan.

MAINS & SIDES



5. Crispy Chicken Strips

R 102

Buttermilk-marinated chicken strips, golden crumbed and served with fries & tomato sauce.

All pizzas on a thin base with house pizza sauce & mozzarella. Baked at 220°C.



6. Margherita

R 125

Classic tomato, mozzarella & basil.

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7. Forest Vegetarian

R 160

Mushrooms, onion, peppadews, mixed peppers & olives.



8. Chicken Mayo & Feta

R 175

Chicken mayo, mozzarella & crumbled feta.



9. Bacon, Avo & Feta

R 168

Crispy bacon & mozzarella, topped post-bake with fresh avocado & feta.



10. Regina

R 145

Ham & mushrooms on mozzarella.

BURGERS & GOULASH



11. Beef Goulash

R 130

Slow-cooked Hungarian style beef goulash served with spaetzle.



12. Forest Burger

R 140

100% beef smashed burger, 150g patty, cheddar, smoked white cheese, lettuce, onion & BBQ basting. Served with chips.